

Riverland

**FROZEN
PRODUCTS**



VEGETABLES

EGYPTIAN BROCCOLI

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 2 g |
| Carbohydrate: | 4 g |
| Fat: | 0.04 g |
| Crude Fiber: | 3 g |
| Sodium: | 20 mg |
| Calcium: | 50 mg |
| Iron: | 0.7 mg |
| Sugar: | 1 g |
| Vitamin C: | 47 mg |
| Potassium: | 278 mg |
| Calories: | 20 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A powerhouse of goodness, our broccoli is loved for its crispy texture and its perfectly shaped florets.

Code: BR-Z400

EGYPTIAN OKRA

Nutrition Facts per 100g serving

| | |
|---------------|-----------|
| Protein: | 2.31 g |
| Carbohydrate: | 8.57 g |
| Fat: | 0.05 g |
| Crude Fiber: | 1.34 g |
| Sodium: | 17.86 g |
| Calcium: | 112.69 mg |
| Iron: | 1.31 mg |
| Sugar: | 1.48 g |
| Vitamin C: | 5.09 mg |
| Calories: | 44 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Recognizable for its tender green pods, okra is not only tasty but also packed with vitamins A, C, and K, fiber, and antioxidants, making it a healthy addition to any diet.

Code: OK-Z400

EGYPTIAN GREEN BEANS

Nutrition Facts per 100g serving

| | |
|---------------|-----------|
| Protein: | 6.6 g |
| Carbohydrate: | 31.61 g |
| Fat: | 0.44 g |
| Crude Fiber: | 2.22 g |
| Sodium: | 432.6 mg |
| Calcium: | 24 mg |
| Iron: | 1.26 mg |
| Sugar: | 2.86 g |
| Vitamin C: | 4.83 mg |
| Calories: | 84.8 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Green beans like no other, their texture remains flawlessly crisp and refreshing, free from any sogginess.

Code: GB-Z400

EGYPTIAN ARTICHOKES

Nutrition Facts per 100g serving

| | |
|---------------|------------|
| Protein: | 2.03 g |
| Carbohydrate: | 6.41 g |
| Fat: | 0.06 g |
| Calcium: | 37.04 mg |
| Iron: | 0.903 mg |
| Vitamin C: | 3.26 mg |
| Calories: | 42.42 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Enjoy our artichoke bottoms exactly as they should be, no sticking or clumping, just a perfect tender texture.

Code: AB-Z400

EGYPTIAN GRILLED ZUCCHINI

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 1.2 g |
| Carbohydrate: | 3.1 g |
| Fat: | 0.1 g |
| Crude Fiber: | 1 g |
| Sodium: | 8 mg |
| Potassium: | 261 mg |
| Iron: | 2.54 mg |
| Sugar: | 0.8 g |
| Vitamin C: | 29% |
| Vitamin B6: | 10% |
| Calories: | 17 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Pre-grilled zucchini slices make meal prep quick and easy. Enjoy their smoky flavor anytime, straight from the pack.

Code: GZ-Z400

EGYPTIAN GREEN PEAS

Nutrition Facts per 100g serving

| | |
|---------------|------------|
| Protein: | 5 g |
| Carbohydrate: | 11.875 g |
| Fat: | 0.0 g |
| Crude Fiber: | 0.0 g |
| Sodium: | 0.0 g |
| Calcium: | 18.75 mg |
| Iron: | 18.875 mg |
| Sugar: | 3.5 g |
| Vitamin C: | 13.125 mg |
| Calories: | 68.75 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

They are plant-based protein. Green peas are naturally sweet and will bring a fresh, natural taste to your favorite dishes.

Code: GP-Z400

EGYPTIAN PEAS AND CARROTS

Nutrition Facts per 100g serving

| | |
|---------------|-----------|
| Protein: | 2.31 g |
| Carbohydrate: | 8.75 g |
| Fat: | 0.05 g |
| Crude Fiber: | 1.34 g |
| Sodium: | 17.86 mg |
| Calcium: | 112.69 mg |
| Iron: | 1.31 mg |
| Sugar: | 1.84 g |
| Vitamin C: | 5.09 mg |
| Calories: | 44 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A wholesome mix of sweet carrots and crisp peas makes a perfect addition to stir-fries, soups, or as a healthy side dish.

Code: PC-Z400

EGYPTIAN MINCED MOLOKHIA

Nutrition Facts per 100g serving

| | |
|---------------|------------|
| Protein: | 1.29 g |
| Carbohydrate: | 2.46 g |
| Fat: | 0.04 g |
| Crude Fiber: | 0.32 g |
| Sodium: | 12.3 mg |
| Calcium: | 90.31 mg |
| Iron: | 2.54 mg |
| Sugar: | 0.8 g |
| Vitamin C: | 1.44 mg |
| Calories: | 15.36 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

This nutrient-rich leafy vegetable has been a beloved Egyptian dish for centuries. Minced molokhia is a cultural gem worth sharing with the world.

Code: MM-Z400

EGYPTIAN CAULIFLOWER

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 2.3 g |
| Carbohydrate: | 2 g |
| Fat: | 1 g |
| Sodium: | 31 mg |
| Sugar: | 0.8 g |
| Potassium: | 278 mg |
| Calories: | 23 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Cauliflower can be enjoyed raw, steamed, roasted, or even turned into rice or mash. It supports a healthy diet and overall wellness.

Code: CF-Z400

EGYPTIAN TARO

Nutrition Facts per 100g serving

| | |
|---------------|----------|
| Protein: | 1.6 g |
| Carbohydrate: | 28 g |
| Fat: | 0.2 g |
| Crude Fiber: | 4.3 g |
| Sodium: | 11 mg |
| Calcium: | 4% |
| Iron: | 3% |
| Sugar: | 0.4 g |
| Vitamin C: | 7 mg |
| Calories: | 117 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

This beloved vegetable holds a special place in our traditional cuisine. Taro cubes can be enjoyed in stews and soups, offering a sweet, nutty flavor and a creamy texture.

Code: TC-Z400

EGYPTIAN CHOPPED ONIONS

Nutrition Facts per 100g serving

| | |
|----------------|---------|
| Protein: | 1.1 g |
| Carbohydrates: | 9.3 g |
| Sugars: | 4.2 g |
| Fats: | 0.1 g |
| Cholesterol: | 0 mg |
| Sodium: | 4 mg |
| Potassium: | 146 mg |
| Calcium: | 23 mg |
| Iron: | 0.21 mg |
| Vitamin C: | 8 mg |
| Calories: | 40 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Our chopped onions are flavorful and ready to use, saving you time in the kitchen. They add a rich, savory taste to a wide variety of dishes.

Code: CO-Z400

EGYPTIAN GRAPE LEAVES

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 4 g |
| Carbohydrate: | 11 g |
| Fat: | 2 g |
| Crude Fiber: | 9 g |
| Sodium: | 15 mg |
| Calcium: | 20% |
| Iron: | 15% |
| Sugar: | 0 g |
| Vitamin C: | 0 mg |
| Calories: | 70 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Tender grape leaves stuffed with seasoned rice and herbs, ready to heat and serve, are best enjoyed with a squeeze of fresh lemon.

Code: GL-Z400

EGYPTIAN MOZZARELLA CHEESE

Nutrition Facts per 100g serving

| | |
|---------------|----------|
| Protein: | 11 g |
| Carbohydrate: | 24 g |
| Fat: | 12 g |
| Crude Fiber: | 0.0 g |
| Sodium: | 685 mg |
| Calcium: | 610 mg |
| Iron: | 0.41 mg |
| Sugar: | 24 g |
| Potassium: | 455 mg |
| Calories: | 248 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Our shredded mozzarella cheese is soft and creamy, with a delicate milky flavor and smooth texture. It melts beautifully, making it perfect for pizzas, pasta, and more.

Code: MC-Z400

EGYPTIAN FRENCH FRIES

Nutrition Facts per 100g serving

| | |
|---------------|----------|
| Protein: | 3.4 g |
| Carbohydrate: | 41 g |
| Fat: | 15 g |
| Crude Fiber: | 3.8 g |
| Sodium: | 210 mg |
| Calcium: | 18 mg |
| Iron: | 0.81 mg |
| Sugar: | 0.3 g |
| Potassium: | 579 mg |
| Calories: | 312 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Half-Fried French fries crafted for those who value the perfect texture; they are crispy on the outside and soft and fluffy on the inside.

Code: FR-Z400

EGYPTIAN CHOPPED SPINACH

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 1.3 g |
| Carbohydrate: | 7 g |
| Fat: | 0.03 g |
| Crude Fiber: | 2.7 g |
| Sodium: | 25 mg |
| Calcium: | 81 mg |
| Iron: | 3 mg |
| Sugar: | 0.8 g |
| Vitamin C: | 0.3 mg |
| Calories: | 36 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Ready whenever you need it, our chopped spinach retains its natural flavor and texture. It's perfect for adding to smoothies.

Code: CS-Z400

EGYPTIAN BROAD BEANS

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 6 g |
| Carbohydrate: | 8 g |
| Fat: | 0.6 g |
| Crude Fiber: | 4.2 g |
| Sodium: | 20 mg |
| Calcium: | 96 mg |
| Iron: | 1.4 mg |
| Sugar: | 0.6 g |
| Vitamin C: | 6 mg |
| Calories: | 50 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Our Premium broad beans have a firm yet creamy texture when cooked; they are rich in protein and perfect for quick, healthy meals.

Code: BB-Z400

EGYPTIAN MIXED VEGETABLES

Nutrition Facts per 100g serving

| | |
|---------------|------------|
| Protein: | 2.68 g |
| Carbohydrate: | 8.04 g |
| Fat: | 1.07 g |
| Crude Fiber: | 1.56 g |
| Sodium: | 12 mg |
| Calcium: | 46 mg |
| Iron: | 0.82 mg |
| Sugar: | 3.3 g |
| Vitamin C: | 8.45 mg |
| Calories: | 52.51 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A colorful blend of tender carrots, crispy green beans, and sweet green peas, perfect for enjoying variety and balance in meals.

Code: MV-Z400

EGYPTIAN GARLIC CLOVES

Nutrition Facts per 100g serving

| | |
|----------------|----------|
| Protein: | 6.36 g |
| Carbohydrates: | 33.06 g |
| Sugars: | 1 g |
| Cholesterol: | 0 mg |
| Sodium: | 17 mg |
| Potassium: | 401 mg |
| Calcium: | 181 mg |
| Iron: | 1.7 mg |
| Vitamin C: | 31.2 mg |
| Calories: | 149 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Top-grade garlic cloves, preserved to maintain their natural flavor, aroma, and nutrients, they are convenient and ready to use.

Code: GC-Z400

EGYPTIAN MIXED VEGETABLES WITH CORN

Nutrition Facts per 100g serving

| | |
|---------------|------------|
| Protein: | 2.68 g |
| Carbohydrate: | 8.04 g |
| Fat: | 1.07 g |
| Crude Fiber: | 1.56 g |
| Sodium: | 12 mg |
| Calcium: | 46 mg |
| Iron: | 0.82 mg |
| Sugar: | 3.3 g |
| Vitamin C: | 8.45 mg |
| Calories: | 52.51 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A delightful combination of sweet corn, carrots, green beans, and green peas makes healthy, delicious meals effortless.

Code: MC-Z400

EGYPTIAN BELL PEPPERS RINGS

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 0.9 g |
| Carbohydrate: | 4.6 g |
| Fat: | 0.2 g |
| Crude Fiber: | 1.7 g |
| Sodium: | 3 mg |
| Potassium: | 175 mg |
| Iron: | 0.82 mg |
| Sugar: | 2.4 g |
| Vitamin C: | 134% |
| Calories: | 20 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A mix of red, yellow, and green bell pepper rings, perfect for adding a colorful touch to any meal, they are crispy and flavorful.

Code: BP-Z400

EGYPTIAN PRE-FRIED CHICKPEAS “FALAFEL”

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 6 g |
| Carbohydrate: | 9.8 g |
| Fat: | 0.05 g |
| Crude Fiber: | 3.2 g |
| Sodium: | 25 mg |
| Calcium: | 30 mg |
| Iron: | 0.27 mg |
| Sugar: | 7 g |
| Vitamin C: | 0.05 mg |
| Calories: | 70 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A traditional favorite, falafel is prepared from high-quality chickpeas, seasoned with herbs and spices, and half-fried for easy preparation.

Code: FL-Z400

EGYPTIAN BABA GANOUSH

Nutrition Facts per 100g serving

| | |
|-----------------|---------|
| Protein: | 1 g |
| Carbohydrate: | 6 g |
| Fats: | 0.2 g |
| Dietary Fiber: | 3 g |
| Sodium: | 2 mg |
| Cholesterol: | 0.0 mg |
| Saturated Fats: | 0.1% |
| Sugar: | 3.5 g |
| Vitamin C: | 3% |
| Vitamin B6: | 3% |
| Calories: | 25 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Creamy Baba Ganoush is made from roasted eggplants, blended with tahini, garlic, and lemon juice for a smooth, smoky, and flavorful dip.

Code: BG-Z400

EGYPTIAN SWEET POTATOES

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 1.6 g |
| Carbohydrate: | 20.1 g |
| Fat: | 0.1 g |
| Crude Fiber: | 3 g |
| Sodium: | 55 mg |
| Potassium: | 337 mg |
| Iron: | 0.61 mg |
| Sugar: | 4.2 g |
| Vitamin C: | 2.4 mg |
| Vitamin B6: | 0.2 mg |
| Calories: | 86 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Golden sweet potato cubes with a light crunch and fluffy center, ideal for purees and ready-to-cook meals.

Code: SP-Z400



FRUITS

EGYPTIAN KIWI

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 1.1 g |
| Carbohydrate: | 15 g |
| Fat: | 0.38 g |
| Crude Fiber: | 3 g |
| Sodium: | 3 mg |
| Potassium: | 175 mg |
| Iron: | 0 mg |
| Sugar: | 9 g |
| Vitamin C: | 154% |
| Vitamin B6: | 5% |
| Calories: | 48 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Enjoy our sliced kiwi, a favorite fruit for every season, packed with natural nutrients that boost your immunity, keep your skin glowing, and refresh your energy.

Code: KW-Z400

EGYPTIAN PINEAPPLE

Nutrition Facts per 100g serving

| | |
|---------------|----------|
| Carbohydrate: | 25 g |
| Crude Fiber: | 3 g |
| Potassium: | 210 mg |
| Iron: | 0.5 mg |
| Sugar: | 20 g |
| Vitamin C: | 139 mg |
| Calories: | 110 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

A fruit that instantly transports you to the tropics, pineapple cubes can be used for snacking, smoothies, desserts, fruit salads, or even grilled.

Code: PA-Z400

EGYPTIAN MANGO

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 0.82 g |
| Carbohydrate: | 15 g |
| Fat: | 0.38 g |
| Crude Fiber: | 1.6 g |
| Sodium: | 1 mg |
| Calcium: | 11 mg |
| Iron: | 0.16 mg |
| Sugar: | 15 g |
| Vitamin C: | 36.4 mg |
| Calories: | 60 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

They stand out for their exceptional sweetness and rich taste. These mango cubes are full of flavor, ensuring every piece retains its natural goodness.

Code: MN-Z400

EGYPTIAN STRAWBERRIES

Nutrition Facts per 100g serving

| | |
|---------------|-----------|
| Protein: | 0.8 g |
| Carbohydrate: | 8.1 g |
| Fat: | 0.6 g |
| Crude Fiber: | 1.2 g |
| Sodium: | 0.2 mg |
| Calcium: | 28 mg |
| Iron: | 0.8 mg |
| Sugar: | 4.5 g |
| Vitamin C: | 0.6 mg |
| Calories: | 46.4 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

We are supplying the world with the best whole strawberries. They're easy to use, toss them into yogurt, blend into smoothies, or add to cakes and tarts.

Code: SB-Z400

EGYPTIAN GUAVA

Nutrition Facts per 100g serving

| | |
|---------------|----------|
| Protein: | 1 g |
| Carbohydrate: | 26 g |
| Fat: | 0.95 g |
| Crude Fiber: | 4 g |
| Calcium: | 60 mg |
| Iron: | 8 mg |
| Sugar: | 19 g |
| Potassium: | 270 mg |
| Calories: | 100 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Experience the lush, tropical taste of our guava cubes. They are sweet, creamy, and perfect for juices, desserts, and fruit mixes.

Code: GU-Z400

EGYPTIAN PEACH'S

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 0.9 g |
| Carbohydrate: | 9.5 g |
| Fat: | 0.3 g |
| Crude Fiber: | 1.5 g |
| Potassium: | 190 mg |
| Calcium: | 6 mg |
| Iron: | 0.25 mg |
| Sugar: | 8.4 g |
| Calories: | 39 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

These little peach slices are more than just delicious; they are filled with fiber and nutrients, bringing a healthy, flavorful punch to your snacks.

Code: PE-Z400

EGYPTIAN POMEGRANATES

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 0.95 g |
| Carbohydrate: | 17.17 g |
| Fat: | 0.3 g |
| Crude Fiber: | 0.6 g |
| Sodium: | 3 mg |
| Calcium: | 3 mg |
| Iron: | 0.3 mg |
| Sugar: | 19 g |
| Vitamin C: | 6.1 mg |
| Calories: | 68 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Savor our pomegranate seeds with their naturally refreshing crunch; they are juicy, sweet, and rich in antioxidants.

Code: PM-Z400

EGYPTIAN GRAPES

Nutrition Facts per 100g serving

| | |
|---------------|----------|
| Protein: | 1.1 g |
| Carbohydrate: | 27.3 g |
| Fat: | 0.2 g |
| Crude Fiber: | 1.4 g |
| Copper: | 10% |
| Riboflavin: | 6% |
| Thiamine: | 7% |
| Potassium: | 8% |
| Vitamin K: | 28% |
| Vitamin C: | 27% |
| Vitamin B6: | 6% |
| Calories: | 104 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Plump, glossy, and deliciously sweet grapes, a refreshing treat that tastes even better when it's frozen.

Code: GR-Z400

EGYPTIAN FIGS

Nutrition Facts per 100g serving

| | |
|---------------|------------|
| Protein: | 5 g |
| Carbohydrate: | 11.875 g |
| Fat: | 0.0 g |
| Crude Fiber: | 0.0 g |
| Sodium: | 0.0 g |
| Calcium: | 18.75 mg |
| Iron: | 18.875 mg |
| Sugar: | 3.5 g |
| Vitamin C: | 13.125 mg |
| Calories: | 68.75 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Delicate and naturally sweet, fig slices are full of natural sugars, making them a perfect choice for a healthy dessert.

Code: FG-Z400

EGYPTIAN APRICOTS

Nutrition Facts per 100g serving

| | |
|---------------|---------|
| Protein: | 1.4 g |
| Carbohydrate: | 11 g |
| Fat: | 0.38 g |
| Crude Fiber: | 2 g |
| Sodium: | 1 mg |
| Potassium: | 175 mg |
| Iron: | 0 mg |
| Sugar: | 9 g |
| Vitamin C: | 16% |
| Vitamin B6: | 5% |
| Calories: | 48 kcal |



Storage

Deep Freeze Store (-18°C)
Shelf life: up to 18 months.
Refreezing is not allowed.

Packing

Bag: Net weight 400 g
Carton: 20 bags = 8 kg
Container: 40 ft ≈ 2600 cartons

Bag weight options

400 g - 2.5 kg - 5 kg

Product description

Indulge in those soft and juicy apricot slices that leave a naturally fragrant and pleasantly lasting sweetness.

Code: AP-Z400